

Individual Best Times (All Time)

Ava Matthews - (1708058) - Woodham Ferrers Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.32	36.80	253	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.61	41.10	180	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:30.91	1:31.80	168	19/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Breaststroke	52.39	53.00	158	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Butterfly	46.86	47.30	140	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	42.63	43.10	207	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Backstroke	1:40.51	1:41.30	162	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3