Individual Best Times (All Time)

Iris Green - (1706029) - Gateshead & Whickham SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.26	42.80	159	12/04/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Freestyle	1:38.72	1:39.60	131	17/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Freestyle	3:38.77	3:40.40	128	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Breaststroke	54.02	54.60	144	17/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Breaststroke	1:58.23	1:59.30	146	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Breaststroke	3:52.56	3:54.80	193	12/04/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
50 Butterfly	1:02.08	1:02.40	60	23/09/23	Gateshead & Whickham Summer Meet 2023	Gateshead	NE231703	3
50 Backstroke	50.59	51.00	124	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
100 Backstroke	1:51.25	1:52.00	120	16/03/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Backstroke	3:50.97	3:52.40	136	12/04/24	Gateshead & Whickham ASC Spring Meet 2024	Gateshead	NE240550	3
200 Individual Medley	4:06.63	4:08.20	120	09/12/23	Newcastle Swim Team Invitational Shrimp Meet 2023	Tynemouth	NE232327	4
100 Individual Medley	1:55.45	1:55.50	117	11/02/24	Durham City Aquatics Valentine Gala	Durham	NE240405	3

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