

Individual Best Times (All Time)

Zach Polfrey - (1705816) - St Neots Swans Swimming Club

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.76	39.30	140	22/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
100 Freestyle	1:30.36	1:31.30	122	23/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
50 Breaststroke	48.79	49.40	133	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
100 Breaststroke	1:51.60	1:52.70	121	11/05/24	Leighton Buzzard Springboard Open Meet 2024	Bletchley	ER240693	3
50 Backstroke	47.55	48.00	100	03/12/23	Newmarket & District December Open Meet 2023	Newmarket	ER231737	3