

Individual Best Times (All Time)

Leon Jeggo - (1698289) - Halstead Swimming Club

Long Course

| Stroke | LC Time | Converted to SC | LC WA Pts | Date | Meet | Venue | Licence | Level |
|---------------|---------|-----------------|-----------|----------|--|---------|----------|-------|
| 50 Freestyle | 30.99 | 30.30 | 307 | 25/02/24 | 2024 Essex County Age Group Championships | London | ER240055 | 1 |
| 100 Freestyle | 1:09.52 | 1:08.30 | 306 | 25/02/24 | 2024 Essex County Age Group Championships | London | ER240055 | 1 |
| 200 Freestyle | 2:34.73 | 2:32.50 | 286 | 13/01/24 | 2024 Essex County Age Group Championships | London | ER240054 | 1 |
| 50 Butterfly | 34.16 | 33.60 | 277 | 11/05/24 | Swim England East Region LC Championships 2024 | Norwich | ER240238 | 1 |
| 100 Butterfly | 1:22.92 | 1:22.00 | 212 | 14/01/24 | 2024 Essex County Age Group Championships | London | ER240054 | 1 |

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|---------|-----------------|-----------|----------|---|-----------|----------|-------|
| 50 Freestyle | 31.24 | 31.90 | 268 | 17/03/24 | Colchester 2024 Regional Qualifier Meet | Braintree | ER240460 | 3 |
| 100 Freestyle | 1:08.75 | 1:10.00 | 277 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 200 Freestyle | 2:33.64 | 2:35.90 | 270 | 16/03/24 | Colchester 2024 Regional Qualifier Meet | Braintree | ER240460 | 3 |
| 400 Freestyle | 5:15.83 | 5:20.20 | 303 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 50 Breaststroke | 50.33 | 51.00 | 121 | 28/01/24 | Braintree & Bocking Winter Sprints Open Meet 2023 | Braintree | ER240083 | 3 |
| 100 Breaststroke | 1:52.70 | 1:53.80 | 118 | 29/09/23 | Halstead SC Annual Club Championships 2023 | Halstead | ER231940 | 4 |
| 50 Butterfly | 34.72 | 35.30 | 245 | 17/03/24 | Colchester 2024 Regional Qualifier Meet | Braintree | ER240460 | 3 |
| 100 Butterfly | 1:18.26 | 1:19.20 | 227 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 50 Backstroke | 38.30 | 38.80 | 192 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 100 Backstroke | 1:27.65 | 1:28.60 | 167 | 21/10/23 | Cheshunt SC 18th Annual Autumn Open Meet 2023 | Harlow | ER230464 | 3 |
| 200 Backstroke | 3:15.20 | 3:16.90 | 158 | 02/12/23 | BBSC & DASC Christmas Cracker Meet 2023 | Braintree | ER231878 | 3 |
| 200 Individual Medley | 2:56.92 | 2:59.10 | 237 | 18/05/24 | Basildon & Phoenix Spring SC Meet 2024 | Basildon | ER240790 | 3 |
| 100 Individual Medley | 1:24.68 | 1:24.70 | 197 | 28/01/24 | Braintree & Bocking Winter Sprints Open Meet 2023 | Braintree | ER240083 | 3 |