

Individual Best Times (All Time)

Emma Silk - (169442) - City Of Oxford SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.53	28.80	511	06/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
100 Freestyle	1:05.11	1:03.80	500	05/05/12	BG SWR Youth Championships	Plymouth	SWR204	1
200 Freestyle	2:22.78	2:20.30	493	21/01/12	Exeter City Level 1 Open Meet	Cardiff	SW2054	1
400 Freestyle	4:59.93	4:55.20	483	02/05/11	BG South West Region Youth Championships	Street	SWR101	1
800 Freestyle	10:26.20	10:16.90	464	16/12/11	Plymouth Leander Long Course Open	Millfield	SW1561	1
50 Breaststroke	52.12	51.50	175	29/04/07	Avalon Open Meet	Millfield	SW7117	3
200 Breaststroke	3:34.21	3:31.70	264	10/04/10	Avalon Spring Open Meet	Millfield	SW0127	3
50 Butterfly	33.78	33.20	378	14/07/12	Plymouth Leander Non National Qualifier	Plymouth	SW2385	3
100 Butterfly	1:22.12	1:21.20	308	23/01/11	Exeter City New Year Long Course Meet	Cardiff	SW1049	1
50 Backstroke	35.41	34.80	436	18/12/11	Plymouth Leander Long Course Open	Millfield	SW1561	1
100 Backstroke	1:17.14	1:16.10	410	22/07/12	Welsh Summer National 2012	Swansea	WAL445	1
200 Backstroke	2:43.22	2:41.20	429	16/12/11	Plymouth Leander Long Course Open	Millfield	SW1561	1
200 Individual Medley	2:41.07	2:38.60	480	05/05/12	BG SWR Youth Championships	Plymouth	SWR204	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.28	30.00	480	24/03/12	Devon County Championships	Exeter	CC2029	2
100 Freestyle	1:03.60	1:04.90	493	11/03/12	Devon County Championships	Plymouth	CC2028	2
200 Freestyle	2:19.05	2:21.50	499	23/03/12	Devon County Championships	Exeter	CC2029	2
400 Freestyle	4:52.58	4:57.30	494	03/12/11	BG SWR Short Course Championships	Millfield	SWR126	2
800 Freestyle	10:07.67	10:17.10	484	26/02/11	Devon County Championships	Tiverton	CC1024	2
50 Breaststroke	41.27	42.00	324	23/03/12	Devon County Championships	Exeter	CC2029	2
200 Breaststroke	3:05.48	3:08.30	381	04/03/12	Devon County Championships	Plymouth	CC2030	2
50 Butterfly	33.23	33.80	394	24/03/12	Devon County Championships	Exeter	CC2029	2
100 Butterfly	1:15.63	1:16.60	365	18/02/12	Devon County Championships	Tiverton	CC2027	2
200 Butterfly	3:34.76	3:36.20	172	20/06/09	Devon County Develop Gala	Exeter	SW9065	3
50 Backstroke	33.61	34.20	424	17/02/13	Devon County Championships	Plymouth	CC3014	2
100 Backstroke	1:14.48	1:15.60	400	04/03/12	Devon County Championships	Plymouth	CC2030	2
200 Backstroke	2:35.11	2:37.20	450	07/04/12	Weston SC 10th Easter Open Meet	Weston-Super-Mare	SW2228	3
200 Individual Medley	2:36.13	2:38.60	475	24/03/12	Devon County Championships	Exeter	CC2029	2
100 Individual Medley	1:14.66	1:14.70	433	27/02/11	Devon County Championships	Tiverton	CC1024	2