

# Individual Best Times (All Time)

Leo Ciarlet - (1692142) - London Borough of Redbridge SC

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	42.07	42.60	110	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:42.99	1:43.80	82	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Breaststroke	55.83	56.40	89	16/12/23	Romford Town SC Christmas Cracker Meet 2023	Harrow Lodge LC	LR231413	3
100 Breaststroke	2:05.35	2:06.40	85	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	47.66	48.10	99	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3