

# Individual Best Times (All Time)

Crispin Imani - (169004) - Hillingdon Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.65	23.80	610	13/03/16	Wycombe Inaugural LC Premier Meet	Wycombe	SE160111	1
100 Freestyle	53.85	52.30	658	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
200 Freestyle	2:13.73	2:11.10	443	26/10/14	Rushmoor Royals 11th Autumn Meet	Aldershot	SE4908	1
50 Butterfly	28.77	28.10	463	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
50 Backstroke	29.16	28.50	526	31/01/15	London Swimming South Region Zonal Meet 2015	London Aquatic Cent	LR150017	1
100 Backstroke	1:03.95	1:02.70	525	31/05/15	ASASER Swimming Championships	Crawley	SE150986	1
200 Backstroke	2:23.70	2:21.40	472	10/01/15	Portsmouth Northsea January L1 Meet	Portsmouth	SE150137	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	24.04	24.90	589	21/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
100 Freestyle	52.46	54.00	624	21/11/15	Guildford City SC November L2 Open Meet	Surrey	SE151100	2
200 Freestyle	2:01.74	2:04.60	543	07/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
400 Freestyle	4:54.72	4:59.40	373	19/01/13	Windsor Level 2 Licensed Meet	Maidenhead	SE3067	2
50 Breaststroke	38.18	39.00	279	02/10/13	Windsor Club Championships	Windsor	SE3837	4
100 Breaststroke	1:26.20	1:27.70	263	21/01/12	Windsor Level 2 Open Meet	Maidenhead	SE2089	2
200 Breaststroke	3:45.96	3:48.30	150	24/02/07	Berks & South Bucks	Maidenhead	CC7031	2
50 Butterfly	29.25	29.90	411	02/10/13	Windsor Club Championships	Windsor	SE3837	4
100 Butterfly	1:06.51	1:07.60	370	17/01/15	Windsor Level 2 Open Meet	Maidenhead	SE150111	2
50 Backstroke	28.16	28.90	484	21/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidstone	CC150818	2
100 Backstroke	1:00.91	1:02.20	499	08/11/15	ASA London Region Winter Short Course Championship	London	LR150872	2
200 Backstroke	2:13.13	2:15.60	499	08/03/15	Berks & S Bucks ASA County & Age Group Champs	Maidenhead	CC150816	2
200 Individual Medley	2:26.46	2:29.10	419	18/01/14	Windsor Level 2 Licenced Meet	Windsor	SE4120	2
100 Individual Medley	1:07.16	1:07.20	395	22/11/14	Windsor Club Championships	Windsor	SE14398	4