

Individual Best Times (All Time)

Musa Shah - (1690006) - Killerwhales SC (Havering)

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
200 Freestyle	3:30.85	3:29.20	113	08/07/23	NUEL SC Joy Atotileto Memorial Open Meet 2023	Stratford	LR230876	3
50 Butterfly	46.68	46.30	108	13/01/24	2024 Essex County Age Group Championships	London	ER240054	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.59	39.10	142	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
100 Freestyle	1:26.75	1:27.70	138	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
200 Freestyle	3:13.34	3:15.10	135	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
800 Freestyle	13:21.73	13:28.90	169	12/06/24	Killerwhales Spring Long Distance Time Trials 2024	Romford	LR241503	4
50 Breaststroke	53.50	54.10	101	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
100 Breaststroke	1:55.69	1:56.80	109	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
50 Butterfly	46.80	47.20	100	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	47.10	47.50	103	11/05/24	Killerwhales Spring Club Champs 2024	Hornchurch	LR240905	4
100 Backstroke	1:52.79	1:53.50	78	12/11/23	Killerwhales of Havering Autumn Tri Club Gala 2023	Hornchurch	LR232421	4