

# Individual Best Times (All Time)

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## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	48.77	49.20	103	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
50 Backstroke	53.50	53.90	105	07/06/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240352	4
100 Backstroke	1:56.97	1:57.70	103	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3