

Individual Best Times (All Time)

Theo Harlock - (1689240) - Rugby SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	44.94	45.40	90	09/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
100 Freestyle	1:47.10	1:47.90	73	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3
50 Breaststroke	58.50	59.00	77	16/12/23	Rugby SC Rugby Club Sprints 2023	Rugby	WM232561	4
100 Breaststroke	2:13.62	2:14.60	70	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
50 Backstroke	48.54	49.00	94	09/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
100 Backstroke	1:48.03	1:48.80	89	07/04/24	Rugby Open Meet 2024	Rugby	WM240202	3