

Individual Best Times (All Time)

Anisa Ngamtrakulpanit - (1688225) - Gravesend & Northfleet SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.08	29.40	483	16/03/24	2024 BMAC Long Course Swimming Championships	Bangkok	GBR2300	1
100 Freestyle	1:06.84	1:05.60	463	27/05/23	BPS Summer Sizzler 2023 LC	Bangkok	GBR2044	3
200 Freestyle	2:31.73	2:29.40	411	27/05/23	BPS Summer Sizzler 2023 LC	Bangkok	GBR2044	3
50 Breaststroke	38.51	37.70	434	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3
100 Breaststroke	1:27.86	1:26.40	388	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3
50 Butterfly	34.29	33.70	361	18/05/24	BPS Summer Sizzler 2024 LCM	Bangkok	GBR2404	3
50 Backstroke	32.02	31.40	590	06/04/24	Thailand Age Group Swimming Championships 2024	Bangkok	GBR2336	1
100 Backstroke	1:10.92	1:09.80	528	06/04/24	Thailand Age Group Swimming Championships 2024	Bangkok	GBR2336	1
200 Backstroke	2:32.23	2:30.00	529	06/04/24	Thailand Age Group Swimming Championships 2024	Bangkok	GBR2336	1
200 Individual Medley	2:44.78	2:42.40	448	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.89	29.60	499	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
100 Freestyle	1:04.77	1:06.00	466	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
200 Freestyle	2:23.44	2:25.80	454	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
50 Breaststroke	37.15	38.00	445	25/11/23	BMAC Winter Championships 2023	Bangkok	GBR2188	2
100 Breaststroke	1:23.26	1:24.80	420	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
200 Breaststroke	3:05.61	3:08.40	381	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
50 Butterfly	34.29	34.80	359	19/05/24	BPS Summer Sizzler 2024 SCM	Bangkok	GBR2405	3
50 Backstroke	31.39	32.00	520	29/02/24	SEASAC Senior 2024	Hong Kong	GBR2299	3
100 Backstroke	1:09.32	1:10.50	496	29/02/24	SEASAC Senior 2024	Hong Kong	GBR2299	3
200 Backstroke	2:30.91	2:33.10	489	25/11/23	BMAC Winter Championships 2023	Bangkok	GBR2188	2
200 Individual Medley	2:39.88	2:42.30	442	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2