

Individual Best Times (All Time)

Misha Parker - (1688210) - Gravesend & Northfleet SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.39	30.70	425	27/05/23	BPS Summer Sizzler 2023 LC	Bangkok	GBR2044	3
100 Freestyle	1:06.63	1:05.40	467	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3
200 Freestyle	2:27.12	2:24.70	451	27/05/23	BPS Summer Sizzler 2023 LC	Bangkok	GBR2044	3
400 Freestyle	5:17.01	5:12.50	409	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3
800 Freestyle	10:54.77	10:45.90	405	11/03/23	BMAC Long Course	Bangkok	GBR1942	1
50 Butterfly	31.92	31.30	448	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3
50 Backstroke	34.81	34.20	459	18/05/24	BPS Summer Sizzler 2024 LCM	Bangkok	GBR2404	3
100 Backstroke	1:12.87	1:11.80	486	06/04/24	Thailand Age Group Swimming Championships 2024	Bangkok	GBR2336	1
200 Backstroke	2:36.16	2:34.00	490	06/04/24	Thailand Age Group Swimming Championships 2024	Bangkok	GBR2336	1
200 Individual Medley	2:45.48	2:43.10	442	18/05/24	BPS Summer Sizzler 2024 LCM	Bangkok	GBR2404	3
400 Individual Medley	5:57.31	5:52.40	411	08/12/23	BPS Feeding Frenzy 2023	Bangkok	GBR2211	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.87	30.60	452	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
100 Freestyle	1:04.16	1:05.50	480	17/11/23	IASAS vs APAC Allstar Weekend 2023	Bangkok	GBR2186	3
200 Freestyle	2:21.73	2:24.20	471	25/11/23	BMAC Winter Championships 2023	Bangkok	GBR2188	2
400 Freestyle	4:57.74	5:02.40	468	23/02/23	SEASAC Senior Swimming Championships 2023	Singapore	GBR1986	3
50 Butterfly	32.28	32.90	430	23/03/24	NIST March Madness 2024	Bangkok	GBR2303	3
100 Butterfly	1:12.12	1:13.20	420	23/03/24	NIST March Madness 2024	Bangkok	GBR2303	3
200 Butterfly	2:48.78	2:50.60	355	29/02/24	SEASAC Senior 2024	Hong Kong	GBR2299	3
50 Backstroke	33.94	34.50	411	29/10/23	Falcons Xtreme 2023	Bangkok	GBR2158	2
100 Backstroke	1:12.02	1:13.10	442	17/11/23	IASAS vs APAC Allstar Weekend 2023	Bangkok	GBR2186	3
200 Backstroke	2:35.48	2:37.60	447	25/11/23	BMAC Winter Championships 2023	Bangkok	GBR2188	2
200 Individual Medley	2:41.55	2:44.00	429	27/05/23	BPS Summer Sizzler 2023 SC	Bangkok	GBR2045	3
400 Individual Medley	5:42.66	5:47.80	431	17/11/23	IASAS vs APAC Allstar Weekend 2023	Bangkok	GBR2186	3