

Individual Best Times (All Time)

Sara Rafiq - (1688012) - City Of Oxford SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	40.36	40.90	183	14/04/24	Witney & DSC Invitational Level 4 Sprint Meet 2024	Witney	SE240758	4
200 Freestyle	3:24.81	3:26.50	156	17/03/24	City of Oxford SC L3March	Oxford	SE240427	3
50 Breaststroke	59.35	59.90	109	11/06/23	National Arena Junior League Round 2 2023	Wycombe	SE231447	4
50 Backstroke	45.03	45.50	176	14/04/24	Witney & DSC Invitational Level 4 Sprint Meet 2024	Witney	SE240758	4
100 Backstroke	1:42.50	1:43.30	153	17/03/24	City of Oxford SC L3March	Oxford	SE240427	3