

Individual Best Times (All Time)

Oliver Debowski - (1687264) - City of Southampton SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.89	33.30	234	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Freestyle	1:12.53	1:11.40	269	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
200 Freestyle	2:46.52	2:44.40	229	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
50 Breaststroke	49.01	48.40	148	02/12/23	Portsmouth NSC Christmas LC Last Chance Qualifier	Mountbatten Centre	SE232219	3
100 Breaststroke	1:51.64	1:50.50	132	03/12/23	Portsmouth NSC Christmas LC Last Chance Qualifier	Mountbatten Centre	SE232219	3
50 Backstroke	40.40	39.90	198	16/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3
100 Backstroke	1:37.01	1:36.20	150	02/12/23	Portsmouth NSC Christmas LC Last Chance Qualifier	Mountbatten Centre	SE232219	3
200 Backstroke	3:22.09	3:20.40	169	03/12/23	Portsmouth NSC Christmas LC Last Chance Qualifier	Mountbatten Centre	SE232219	3
200 Individual Medley	3:10.15	3:08.10	215	17/03/24	Bracknell & Wokingham Regional Qualifier Meet 2024	Aldershot	SE240043	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.47	31.10	289	25/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
100 Freestyle	1:06.59	1:07.80	305	25/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
200 Freestyle	2:27.47	2:29.80	305	25/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
50 Breaststroke	45.13	45.80	168	25/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
100 Breaststroke	2:03.79	2:04.80	89	03/06/23	City of Southampton Summer Splash 2023	Southampton	SE230945	3
50 Butterfly	34.79	35.30	244	26/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
50 Backstroke	43.95	44.40	127	21/10/23	Rushmoor Royals Autumn L3 SC Open Meet 2023	Aldershot	SE231697	3
100 Backstroke	1:52.79	1:53.50	78	04/06/23	City of Southampton Summer Splash 2023	Southampton	SE230945	3
200 Individual Medley	2:50.69	2:53.00	264	25/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
400 Individual Medley	6:00.85	6:05.70	275	25/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3
100 Individual Medley	1:19.74	1:19.70	236	26/05/24	Southampton May Open Meet 2024	Southampton	SE240867	3