

Individual Best Times (All Time)

Stanley Preston - (1685215) - White Cliffs (of Dover) Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.18	33.60	228	10/03/24	Kent County Championships 2024	Stratford	LR240211	1
100 Freestyle	1:34.53	1:33.60	121	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
200 Freestyle	3:26.10	3:24.40	121	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
50 Butterfly	51.22	50.80	82	24/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
50 Backstroke	45.04	44.60	142	23/09/23	Crawley SC Lis Hartley Open Meet L3 2023	Crawley	SE231515	3
100 Backstroke	1:31.39	1:30.50	179	10/02/24	Kent County Championships 2024	Stratford	LR240210	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.41	34.00	219	18/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
100 Freestyle	1:14.22	1:15.30	220	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
200 Freestyle	2:46.87	2:48.90	211	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
400 Freestyle	7:36.13	7:39.20	100	09/07/23	White Cliffs (of Dover) SC Club Championships 2023	Dover	SE231319	4
50 Breaststroke	51.06	51.70	116	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
100 Breaststroke	2:12.60	2:13.60	72	01/10/23	Dover Life Guard Club White Cliffs Gala 2023	Dover	SE231548	3
50 Butterfly	41.64	42.10	142	23/03/24	Kent Junior League 2024 Round 1	Dover	SE240760	4
100 Butterfly	1:39.93	1:40.70	109	22/06/24	Kent Junior League 2024 Round 2	Margate	SE240926	4
50 Backstroke	38.87	39.40	184	18/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
100 Backstroke	1:28.40	1:29.30	163	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
200 Individual Medley	3:08.69	3:10.80	196	23/03/24	Kent Junior League 2024 Round 1	Dover	SE240760	4
100 Individual Medley	1:42.93	1:42.90	109	01/10/23	Dover Life Guard Club White Cliffs Gala 2023	Dover	SE231548	3