

Individual Best Times (All Time)

Jake Fox - (1680790) - Stowmarket SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.95	36.50	176	14/04/24	Teamipswich Easter Novice 2024	Ipswich	ER240509	4
100 Freestyle	1:24.80	1:25.80	147	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
50 Breaststroke	52.70	53.30	106	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Breaststroke	2:24.23	2:25.10	56	17/09/23	Stowmarket SC Club Championships 2023	Stowmarket	ER231904	4
50 Butterfly	48.32	48.70	91	20/01/24	Swim England Suffolk County Championships 2024	Ipswich	ER240219	2
50 Backstroke	43.80	44.30	128	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Backstroke	1:35.23	1:36.10	130	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Individual Medley	1:36.31	1:36.30	133	08/06/24	Stowmarket Sprint into Summer 2024	Stowmarket	ER240677	3