

Individual Best Times (All Time)

Lucas Yan - (1677661) - Barnet Cophall SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.36	35.90	185	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Freestyle	1:22.46	1:23.50	160	09/06/24	Barnet Cophall Summer Invitational Meet 2024	Hendon	LR240903	4
200 Freestyle	2:48.45	2:50.50	205	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
400 Freestyle	6:23.84	6:27.50	169	12/11/23	Barnet Cophall County Qualifier & Dev Meet 1 2023	Cophall Pools	LR231778	3
50 Breaststroke	49.07	49.70	131	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Breaststroke	1:48.20	1:49.40	133	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Breaststroke	3:52.16	3:54.40	138	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
50 Butterfly	47.44	47.80	96	07/01/24	Barnet Cophall Winter Invitational Meet 2024	Hendon	LR240217	4
50 Backstroke	40.69	41.20	160	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Backstroke	1:25.01	1:26.00	183	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Backstroke	3:02.87	3:04.70	192	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Individual Medley	3:22.74	3:24.70	158	12/11/23	Barnet Cophall County Qualifier & Dev Meet 1 2023	Cophall Pools	LR231778	3
100 Individual Medley	1:31.94	1:31.90	153	09/06/24	Barnet Cophall Summer Invitational Meet 2024	Hendon	LR240903	4