

Individual Best Times (All Time)

Anthony Fok - (1675434) - The University Of Birmingham

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	24.13	23.30	650	05/05/24	SE West Midland Summer Championships 2024	Birmingham	WM240648	1
100 Freestyle	53.66	52.10	665	09/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	23.12	24.00	662	18/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
100 Freestyle	51.66	53.20	653	19/11/23	BUCS Short Course Swimming Championships 2023	Sheffield	NE232392	2
50 Breaststroke	31.22	32.20	510	06/11/22	Orion & University of Birmingham Club Champs 2022	Birmingham	WM222110	4
100 Individual Medley	1:04.30	1:04.30	450	05/11/22	Orion & University of Birmingham Club Champs 2022	Birmingham	WM222110	4