

Individual Best Times (All Time)

Melissa Kratz - (1672922) - Rochford & District SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.13	41.60	173	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:30.80	1:31.70	169	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
50 Breaststroke	55.09	55.70	136	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Backstroke	44.89	45.30	177	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Backstroke	1:42.38	1:43.20	154	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Individual Medley	1:43.20	1:43.20	164	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4