

# Individual Best Times (All Time)

Zachary Groom - (1671813) - Epsom District SC

Short Course

| Stroke                | SC Time | Converted to LC | SC WA Pts | Date     | Meet                                              | Venue            | License  | Level |
|-----------------------|---------|-----------------|-----------|----------|---------------------------------------------------|------------------|----------|-------|
| 50 Freestyle          | 36.95   | 37.50           | 162       | 29/06/24 | Leatherhead End of Season Open Meet 2024          | Walton-on-Thames | SE240637 | 3     |
| 100 Freestyle         | 1:26.86 | 1:27.80         | 137       | 19/05/24 | East Grinstead SC Open Meet 2024                  | Crawley          | SE240109 | 3     |
| 50 Breaststroke       | 49.97   | 50.60           | 124       | 11/06/24 | Elmbridge Phoenix National Junior Arena League R2 | Cobham           | SE241365 | 4     |
| 100 Breaststroke      | 1:57.60 | 1:58.70         | 103       | 19/05/24 | East Grinstead SC Open Meet 2024                  | Crawley          | SE240109 | 3     |
| 50 Butterfly          | 47.58   | 48.00           | 95        | 19/05/24 | East Grinstead SC Open Meet 2024                  | Crawley          | SE240109 | 3     |
| 50 Backstroke         | 46.13   | 46.60           | 110       | 17/03/24 | Cranleigh ASC Mavis Godfrey Spring Open Meet 2024 | Cranleigh        | SE240282 | 3     |
| 100 Backstroke        | 1:37.87 | 1:38.70         | 120       | 19/05/24 | East Grinstead SC Open Meet 2024                  | Crawley          | SE240109 | 3     |
| 100 Individual Medley | 1:41.18 | 1:41.20         | 115       | 29/06/24 | Leatherhead End of Season Open Meet 2024          | Walton-on-Thames | SE240637 | 3     |