

Individual Best Times (All Time)

Jude Wankowski - (1669406) - Team Ipswich Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	33.95	33.30	233	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Freestyle	1:18.42	1:17.30	213	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
200 Freestyle	2:38.73	2:36.50	265	06/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
400 Freestyle	5:48.26	5:44.20	252	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Breaststroke	47.24	46.60	165	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Breaststroke	1:44.00	1:42.80	163	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
200 Breaststroke	3:43.80	3:41.40	176	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Butterfly	41.32	40.90	156	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
50 Backstroke	40.19	39.70	201	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
100 Backstroke	1:33.24	1:32.40	169	02/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3
200 Backstroke	3:03.29	3:01.50	227	03/03/24	City of Norwich March LC Open Meet 2024	Norwich	ER240009	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.57	34.20	216	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Freestyle	1:12.56	1:13.70	235	22/06/24	Teamipswich SC Club Champs 2024	Ipswich	ER240995	4
200 Freestyle	2:33.56	2:35.80	270	23/06/24	Teamipswich SC Club Champs 2024	Ipswich	ER240995	4
800 Freestyle	11:14.75	11:23.30	283	09/06/24	Teamipswich SC Long Distance 2024	Ipswich	ER241080	4
50 Breaststroke	44.39	45.10	177	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Breaststroke	1:34.49	1:35.80	200	23/06/24	Teamipswich SC Club Champs 2024	Ipswich	ER240995	4
50 Butterfly	38.29	38.80	183	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Butterfly	1:21.39	1:22.30	202	22/06/24	Teamipswich SC Club Champs 2024	Ipswich	ER240995	4
50 Backstroke	40.29	40.80	165	28/01/24	Swim England Suffolk County Championships 2024	Ipswich	ER240220	2
100 Backstroke	1:22.45	1:23.40	201	23/06/24	Teamipswich SC Club Champs 2024	Ipswich	ER240995	4
200 Backstroke	3:01.94	3:03.80	195	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Individual Medley	3:11.93	3:14.00	186	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Individual Medley	1:23.00	1:23.00	209	22/06/24	Teamipswich SC Club Champs 2024	Ipswich	ER240995	4