

Individual Best Times (All Time)

Max Palmer - (1668916) - Poole SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	40.31	39.80	139	17/12/23	Winchester Winter Sparkler 2023	Winchester	SE232492	3
100 Breaststroke	1:58.38	1:57.30	110	17/12/23	Winchester Winter Sparkler 2023	Winchester	SE232492	3
50 Backstroke	48.27	47.90	116	17/12/23	Winchester Winter Sparkler 2023	Winchester	SE232492	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.67	37.20	166	26/05/24	Poole Swimming Club Champs 2024	Poole	SW240907	4
100 Freestyle	1:29.33	1:30.30	126	04/02/24	Dorset County 2024 Championships & AG Competition	Littledown	SW240066	2
200 Freestyle	3:07.31	3:09.20	149	01/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
50 Breaststroke	49.97	50.60	124	02/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
100 Breaststroke	1:49.90	1:51.00	127	12/05/24	Dorset Graded Meet 2024	Dorchester	SW240776	4
200 Breaststroke	3:42.36	3:44.70	157	02/06/24	West Dorset Whitsun Wave L3 2024	Dorchester	SW240672	3
50 Butterfly	1:01.34	1:01.70	44	12/05/24	Dorset Graded Meet 2024	Dorchester	SW240776	4
50 Backstroke	44.13	44.60	125	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Backstroke	1:36.46	1:37.30	125	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
200 Backstroke	3:21.67	3:23.30	143	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3
100 Individual Medley	1:40.13	1:40.10	119	03/03/24	Poole SC Regional Qualifier 2024 Level 3	Dorchester	SW240265	3