

# Individual Best Times (All Time)

Sebastian Lipscomb - (1668199) - City of Stoke SC (Cosacss)

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	48.20	47.50	156	20/01/24	Staffordshire ASA County Championships 2024	Sandwell	WM240059	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.98	36.60	175	16/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
100 Freestyle	1:18.08	1:19.10	189	09/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241125	4
200 Freestyle	2:50.47	2:52.50	198	08/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241125	4
400 Freestyle	5:53.88	5:57.80	215	14/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
50 Breaststroke	43.09	43.80	194	09/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241125	4
100 Breaststroke	1:37.61	1:38.90	181	15/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
200 Breaststroke	3:31.10	3:33.60	184	16/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
50 Butterfly	43.43	43.90	125	15/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
50 Backstroke	45.00	45.40	118	08/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241125	4
100 Backstroke	1:36.88	1:37.70	124	16/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
200 Individual Medley	3:17.82	3:19.80	170	15/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241126	4
100 Individual Medley	1:31.09	1:31.10	158	08/06/24	City of Stoke SC Club Championships 2024	Stoke on Trent	WM241125	4