

Individual Best Times (All Time)

Thomas Clague - (1667955) - Douglas SC

Short Course

| Stroke | SC Time | Converted to LC | SC WA Pts | Date | Meet | Venue | License | Level |
|-----------------------|----------|-----------------|-----------|----------|--|----------------------|----------|-------|
| 50 Freestyle | 30.96 | 31.60 | 276 | 23/03/24 | Utmost Spring Open Meet 2024 | Douglas, Isle of Man | NW240839 | 3 |
| 100 Freestyle | 1:08.05 | 1:09.30 | 286 | 23/06/24 | Douglas ASC Annual Club Gala 2024 | Douglas, Isle of Man | NW241560 | 4 |
| 200 Freestyle | 2:40.70 | 2:42.90 | 236 | 09/12/23 | IoM Utmost Int'l League Match Winter Series 2023-4 | Douglas, IoM | NW232391 | 3 |
| 400 Freestyle | 6:10.07 | 6:13.90 | 188 | 19/11/23 | Utmost IOM Swimming Championships 2023 | Douglas, Isle of Man | NW232559 | 3 |
| 800 Freestyle | 12:56.88 | 13:04.30 | 185 | 17/11/23 | Utmost IOM Swimming Championships 2023 | Douglas, Isle of Man | NW232559 | 3 |
| 50 Breaststroke | 41.70 | 42.40 | 214 | 23/03/24 | Utmost Spring Open Meet 2024 | Douglas, Isle of Man | NW240839 | 3 |
| 100 Breaststroke | 1:29.51 | 1:30.90 | 235 | 23/06/24 | Douglas ASC Annual Club Gala 2024 | Douglas, Isle of Man | NW241560 | 4 |
| 200 Breaststroke | 3:45.47 | 3:47.80 | 151 | 27/11/22 | Utmost IOM Swimming Championships 2022 | Douglas, IOM | NW222487 | 3 |
| 50 Butterfly | 33.44 | 34.00 | 275 | 23/03/24 | Utmost Spring Open Meet 2024 | Douglas, Isle of Man | NW240839 | 3 |
| 100 Butterfly | 1:14.85 | 1:15.90 | 260 | 23/06/24 | Douglas ASC Annual Club Gala 2024 | Douglas, Isle of Man | NW241560 | 4 |
| 50 Backstroke | 37.63 | 38.20 | 202 | 09/12/23 | IoM Utmost Int'l League Match Winter Series 2023-4 | Douglas, IoM | NW232391 | 3 |
| 100 Backstroke | 1:21.24 | 1:22.20 | 210 | 23/06/24 | Douglas ASC Annual Club Gala 2024 | Douglas, Isle of Man | NW241560 | 4 |
| 200 Backstroke | 3:43.57 | 3:45.10 | 105 | 08/10/22 | IoM Utmost League Match Winter Series 2022 | Douglas | NW222128 | 3 |
| 200 Individual Medley | 2:51.04 | 2:53.30 | 263 | 23/03/24 | Utmost Spring Open Meet 2024 | Douglas, Isle of Man | NW240839 | 3 |
| 100 Individual Medley | 1:20.60 | 1:20.60 | 228 | 09/12/23 | IoM Utmost Int'l League Match Winter Series 2023-4 | Douglas, IoM | NW232391 | 3 |