

# Individual Best Times (All Time)

Hongrui Fu - (1667893) - Millfield

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	28.87	28.10	379	11/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1
100 Freestyle	1:04.84	1:03.50	377	12/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1
200 Freestyle	2:18.30	2:15.80	401	11/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1
400 Freestyle	4:55.51	4:50.70	413	12/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1
50 Breaststroke	33.67	32.70	457	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
100 Breaststroke	1:13.33	1:11.60	466	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
200 Breaststroke	2:39.79	2:36.50	484	21/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
50 Butterfly	31.99	31.40	337	09/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield	SW240471	1
100 Butterfly	1:12.45	1:11.40	317	10/03/24	Chelsea & Westminster & Millfield March Grand Prix	Millfield	SW240471	1
100 Backstroke	1:23.11	1:22.10	239	29/01/23	Somerset ASA County Championships 2023	Millfield	SW230176	1
200 Individual Medley	2:30.89	2:28.30	431	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
400 Individual Medley	5:25.26	5:19.80	414	11/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.76	30.50	310	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
100 Freestyle	1:02.67	1:04.00	366	16/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
200 Freestyle	2:19.52	2:22.00	361	17/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
400 Freestyle	4:48.97	4:53.80	396	15/10/22	Millfield & Team Bath AS Level 2 Short Course Meet	Millfield	SW221660	2
50 Breaststroke	33.44	34.40	415	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
100 Breaststroke	1:12.03	1:13.80	452	08/10/23	Swim England National County Team Champs 2023	Sheffield	ASA157	2
200 Breaststroke	2:37.27	2:40.60	446	23/10/23	CW+Millfield Int'l Meet Part of 23/24 Arena Series	Millfield School	SW231690	2
50 Butterfly	33.74	34.30	267	26/11/22	Taunton Deane November County Qualifier Meet	Millfield	SW221996	3
100 Butterfly	1:15.57	1:16.60	252	01/10/22	Somerset ASA Development Meet 2022	Millfield	SW221540	3
50 Backstroke	36.53	37.10	221	27/11/22	Taunton Deane November County Qualifier Meet	Millfield	SW221996	3
200 Backstroke	2:40.03	2:42.10	287	26/11/22	Taunton Deane November County Qualifier Meet	Millfield	SW221996	3
200 Individual Medley	2:28.79	2:31.40	400	15/12/23	Swim Wales Winter Championships 2023	Swansea	WL232016	2
400 Individual Medley	5:23.99	5:29.40	380	26/11/22	Taunton Deane November County Qualifier Meet	Millfield	SW221996	3
100 Individual Medley	1:09.57	1:09.60	355	15/10/23	Somerset ASA Team Relay & 100m IM Day 2023	Millfield	SW231699	2