

Individual Best Times (All Time)

Tom Greening - (1666974) - Norwich Swan SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.98	35.40	196	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
100 Freestyle	1:19.71	1:18.70	203	04/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Freestyle	3:00.56	2:58.60	180	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
50 Breaststroke	43.02	42.30	219	06/05/24	Swim England East Region LC Championships 2024	Norwich	ER240237	1
100 Breaststroke	1:37.43	1:36.10	198	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
200 Breaststroke	3:32.05	3:29.50	207	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
50 Butterfly	43.43	43.00	134	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
50 Backstroke	42.00	41.50	176	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Backstroke	1:28.28	1:27.40	199	28/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
200 Backstroke	3:09.55	3:07.80	205	04/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Individual Medley	3:17.33	3:15.30	192	03/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.23	35.80	187	16/03/24	Hatfield Regional Qualifier March 2024	Hatfield	ER240014	3
100 Freestyle	1:18.28	1:19.30	187	29/06/24	Swim England Norfolk County Challenge 2024	Dereham	ER240999	3
200 Freestyle	2:45.71	2:47.80	215	01/07/24	Norwich Swan Club Championships 2024	Norwich	ER241311	4
50 Breaststroke	41.23	42.00	221	09/06/24	Swim England Norfolk Inter Club Gala 2024	Norwich	ER240910	2
100 Breaststroke	1:34.29	1:35.60	201	29/06/24	Swim England Norfolk County Challenge 2024	Dereham	ER240999	3
200 Breaststroke	3:22.71	3:25.30	208	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	ER240999	3
50 Butterfly	39.12	39.60	171	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	ER240999	3
100 Butterfly	1:41.00	1:41.80	105	02/03/24	Deben SC March Meet 2024	Ipswich	ER240175	3
50 Backstroke	38.67	39.20	186	30/06/24	Swim England Norfolk County Challenge 2024	Dereham	ER240999	3
100 Backstroke	1:25.65	1:26.60	179	24/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
200 Backstroke	3:07.19	3:09.00	179	02/12/23	Great Yarmouth SC Winter Wipeout Meet 2023	Norwich	ER231744	3
200 Individual Medley	3:05.22	3:07.30	207	29/06/24	Swim England Norfolk County Challenge 2024	Dereham	ER240999	3
400 Individual Medley	6:30.36	6:34.80	217	28/06/24	Norwich Swan Club Championships 2024	Norwich	ER241310	4
100 Individual Medley	1:29.53	1:29.50	166	17/03/24	Hatfield Regional Qualifier March 2024	Hatfield	ER240014	3