

# Individual Best Times (All Time)

Yu Ching Cheung - (1666104) - Grantham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:22.60	1:21.60	182	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
200 Freestyle	3:08.83	3:07.00	157	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
50 Butterfly	41.42	41.00	155	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3
100 Butterfly	1:48.31	1:47.60	95	14/01/24	Buxton LC Qualifier 2024	Derby	EM240028	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.19	33.80	224	01/06/24	Grantham SC Grand Prix 2024	Grantham	EM240191	3
100 Freestyle	1:20.04	1:21.10	175	06/04/24	Grantham SC Last Chance Regional Qualifier 2024	Grantham	EM240650	3
200 Freestyle	2:49.53	2:51.60	201	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
400 Freestyle	6:08.29	6:12.10	191	12/11/23	Grantham SC Long Distance Time Trial 2023	Grantham	EM231368	3
50 Breaststroke	53.11	53.70	103	01/06/24	Grantham SC Grand Prix 2024	Grantham	EM240191	3
100 Breaststroke	2:04.41	2:05.40	87	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
50 Butterfly	38.71	39.20	177	18/05/24	Grantham SC Grand Prix 2024	Grantham	EM240190	3
100 Butterfly	1:32.77	1:33.60	136	08/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Butterfly	3:38.27	3:39.70	117	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
50 Backstroke	42.57	43.00	140	18/05/24	Grantham SC Grand Prix 2024	Grantham	EM240190	3
100 Backstroke	1:31.51	1:32.40	147	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Individual Medley	3:12.68	3:14.70	184	06/04/24	Grantham SC Last Chance Regional Qualifier 2024	Grantham	EM240650	3
100 Individual Medley	1:32.13	1:32.10	153	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3