

Individual Best Times (All Time)

Esme Swain - (1665993) - Herne Bay L&SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	45.66	45.00	260	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London	LR231412	3
50 Backstroke	43.68	43.20	232	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London	LR231412	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	35.39	36.00	272	22/10/23	Kent County ASA Junior Meet 2023	Gillingham	SE231820	3
100 Freestyle	1:25.29	1:26.30	204	30/06/24	Maidstone SC L3 Summer Development Meet 2024	Maidstone	SE240527	3
200 Freestyle	2:56.43	2:58.40	244	29/04/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240351	4
400 Freestyle	6:19.91	6:23.60	225	05/03/24	Herne Bay Lifeguard & SC - Club Championships 2024	Whitstable	SE240348	4
800 Freestyle	13:10.42	13:17.70	220	19/03/24	Herne Bay Lifeguard & SC - Club Championships 2024	Whitstable	SE240349	4
50 Breaststroke	45.47	46.20	242	10/06/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240353	4
100 Breaststroke	1:41.63	1:42.90	231	30/06/24	Maidstone SC L3 Summer Development Meet 2024	Maidstone	SE240527	3
200 Breaststroke	3:35.70	3:38.10	242	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
50 Butterfly	40.69	41.20	215	19/05/24	East Invicta eXcel Development Meet 2024	Dover	SE240805	3
100 Butterfly	1:39.88	1:40.60	158	30/06/24	Maidstone SC L3 Summer Development Meet 2024	Maidstone	SE240527	3
50 Backstroke	40.56	41.10	241	07/06/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240352	4
100 Backstroke	1:28.36	1:29.30	239	30/06/24	Maidstone SC L3 Summer Development Meet 2024	Maidstone	SE240527	3
200 Backstroke	3:17.53	3:19.20	218	24/06/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240355	4
200 Individual Medley	3:09.47	3:11.50	266	23/04/24	Herne Bay Lifeguard & SC - Club Championships 2024	Whitstable	SE240350	4
400 Individual Medley	7:07.25	7:11.40	222	01/03/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240347	4
100 Individual Medley	1:28.35	1:28.30	261	21/06/24	Herne Bay Lifeguard & SC - Club Championships 2024	Herne Bay	SE240354	4