

Individual Best Times (All Time)

Lucas Newbould - (1663819) - Lincoln Vulcans SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	27.01	26.20	463	24/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
100 Freestyle	1:00.32	58.90	468	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
200 Freestyle	2:14.63	2:12.00	434	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
50 Breaststroke	36.06	35.20	372	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
100 Breaststroke	1:26.89	1:25.40	280	25/06/23	City of Leeds Summer Meet 2023	Leeds	NE230115	3
50 Butterfly	29.76	29.10	419	06/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Butterfly	1:08.49	1:07.40	376	24/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
50 Backstroke	31.64	31.00	412	10/03/24	City of Sheffield SS Premier Open Meet 2024	Sheffield	NE240033	1
100 Backstroke	1:06.58	1:05.40	465	24/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1
200 Individual Medley	2:32.60	2:30.00	416	23/03/24	York City Baths Club National Qualifier 2024	Leeds	NE240069	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	26.25	27.00	452	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
100 Freestyle	57.50	58.90	474	08/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Freestyle	2:07.52	2:10.20	473	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
400 Freestyle	4:53.12	4:57.90	379	28/10/23	Lincoln Vulcans 400IM & Free Club Champs 2023	North Kesteven	EM232358	3
50 Breaststroke	35.53	36.40	346	04/02/24	Lincolnshire County Championships 2024	Louth	EM240006	2
100 Breaststroke	1:19.84	1:21.40	331	03/02/24	Lincolnshire County Championships 2024	Louth	EM240006	2
50 Butterfly	29.40	30.00	404	16/03/24	Lincoln Vulcans 50m & 100IM Gala 2024	Lincoln	EM240606	3
100 Butterfly	1:04.24	1:05.40	411	08/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
50 Backstroke	31.05	31.70	361	18/05/24	South Lincs CSC 38th Tulip Meet 2024	Spalding	EM240515	3
100 Backstroke	1:04.81	1:06.00	414	09/06/24	Lincoln Vulcans & Grantham SC L3 Meet 2024	Grantham	EM240821	3
200 Individual Medley	2:29.01	2:31.60	398	22/10/23	Lincoln Vulcans SC & Louth SC Level 3 Meet 2023	Louth	EM231527	3
100 Individual Medley	1:07.45	1:07.50	390	18/05/24	South Lincs CSC 38th Tulip Meet 2024	Spalding	EM240515	3