

Individual Best Times (All Time)

Jessica Smith - (1663625) - Cheltenham S & W P Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	31.33	30.70	427	15/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
100 Freestyle	1:12.51	1:11.30	362	16/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
200 Freestyle	2:36.17	2:33.90	377	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
400 Freestyle	5:27.94	5:23.60	369	16/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
800 Freestyle	11:18.88	11:10.30	364	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Breaststroke	42.03	41.30	333	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
100 Breaststroke	1:34.53	1:33.20	312	13/05/23	SE South West Summer Regional Championships 2023	Hengrove	SW230524	1
200 Breaststroke	3:17.51	3:14.80	337	17/01/23	Gloucestershire County Swimming Championships 2023	Bristol	SW230117	1
50 Butterfly	34.80	34.30	345	13/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240061	1
100 Butterfly	1:22.11	1:21.20	308	23/04/23	SE South West Summer Regional Championships 2023	Millfield	SW230522	1
200 Butterfly	3:06.82	3:05.10	277	15/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240062	1
50 Backstroke	36.13	35.60	410	22/04/23	SE South West Summer Regional Championships 2023	Millfield	SW230522	1
100 Backstroke	1:21.11	1:20.10	353	13/05/23	SE South West Summer Regional Championships 2023	Hengrove	SW230524	1
200 Backstroke	2:55.28	2:53.40	346	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1
200 Individual Medley	2:52.64	2:50.30	389	16/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3
400 Individual Medley	6:14.10	6:09.40	358	15/07/23	City Of Bristol Summer Festival 2023	Hengrove Park	SW230895	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	31.03	31.70	403	25/06/23	Cheltenham Summer Sprints Low L4 Club Champs 2023	Cheltenham	SW230778	4
100 Freestyle	1:09.72	1:10.90	374	02/07/23	Gloucetser City SC Summer L3 Open Meet	Gloucester	SW230999	3
200 Freestyle	2:31.35	2:33.60	387	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
400 Freestyle	5:32.23	5:36.40	337	18/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
800 Freestyle	11:16.74	11:25.20	351	20/10/23	Gloucester City SC Autumn L3 Distance Meet 2023	Gloucester	SW231828	3
50 Breaststroke	41.57	42.30	317	26/03/23	City of Wells Open Meet 2023	Street	SW230317	3
100 Breaststroke	1:29.70	1:31.10	336	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Breaststroke	3:12.35	3:15.10	342	19/03/23	Gloucester City SC Spring L3 Open Meet 2023	Gloucester	SW230338	3
50 Butterfly	34.64	35.20	348	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Butterfly	1:21.18	1:22.10	295	29/10/23	Sandwell Aquatics Club Trident Open Meet 2023	Sandwell	WM231538	3
200 Butterfly	2:57.84	2:59.60	304	17/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
50 Backstroke	35.25	35.80	367	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
100 Backstroke	1:18.32	1:19.30	344	16/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Backstroke	2:48.56	2:50.50	351	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
200 Individual Medley	2:48.64	2:51.00	377	25/03/23	City of Wells Open Meet 2023	Street	SW230317	3
400 Individual Medley	5:56.56	6:01.50	383	17/12/23	City of Bristol L3 Christmas Cracker 2023	Hengrove Park	SW231965	3
100 Individual Medley	1:20.53	1:20.50	345	25/06/23	Cheltenham Summer Sprints Low L4 Club Champs 2023	Cheltenham	SW230778	4