

Individual Best Times (All Time)

Isabelle Birch - (1661826) - Woodham Ferrers Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.21	36.60	255	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
50 Breaststroke	1:03.05	1:02.50	98	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London	LR231412	3
50 Backstroke	46.13	45.70	197	22/10/23	Borough of Waltham Forest Gators Level 3 Gala 2023	London	LR231412	3
100 Backstroke	1:36.23	1:35.40	211	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.35	36.90	251	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	ER240997	4
50 Breaststroke	1:02.25	1:02.80	94	12/03/23	Basildon & Phoenix Spring Regional Qualifier 2023	Basildon	ER230399	3
100 Breaststroke	2:01.21	2:02.30	136	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
50 Butterfly	46.81	47.20	141	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	ER240997	4
50 Backstroke	53.39	53.80	105	01/04/23	Basildon & Phoenix SC Easter Meet 2023	Basildon	ER230462	3
100 Backstroke	1:35.21	1:36.10	191	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Individual Medley	1:33.49	1:33.50	220	23/06/24	Witham Dolphins Summer Festival of Swimming 2024	Witham	ER240997	4