

Individual Best Times (All Time)

Heather Ong-Seng - (1660868) - Leatherhead SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	41.42	41.90	169	17/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
50 Breaststroke	58.37	58.90	114	26/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	Cobham	SE232123	4
200 Breaststroke	4:37.61	4:39.50	113	25/06/23	Guildford City SC Summer Championships 2023	Spectrum LC	SE230701	4
50 Butterfly	51.27	51.60	107	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
50 Backstroke	50.09	50.50	128	16/03/24	Leatherhead 2024 Spring Sprint Club Championships	Leatherhead	SE240680	4
100 Backstroke	1:59.63	2:00.30	96	25/09/23	Leatherhead SC Autumn 2023 Club Championships 2023	Cobham	SE232123	4