

Individual Best Times (All Time)

Anas Lachheb - (1660526) - South Lincs Competitive SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	37.61	36.80	328	04/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
100 Breaststroke	1:24.43	1:22.90	305	05/05/24	SE East Midlands Regional LC Championships 2024	Derby	EM240623	1
200 Breaststroke	3:03.95	3:01.10	317	20/04/24	SE East Midlands Regional LC Championships 2024	Corby	EM240622	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	29.50	30.20	319	30/06/24	South Lincs Club Champs 2024	Spalding	EM241475	3
100 Freestyle	1:06.56	1:07.80	305	23/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
200 Freestyle	3:07.32	3:09.20	149	21/05/23	South Lincs 37th Tulip Meet 2023	Spalding	EM230355	3
800 Freestyle	12:36.42	12:44.00	201	04/11/23	South Lincs Long Distance Club Champs 2023	Spalding	EM232468	3
50 Breaststroke	36.31	37.20	324	29/06/24	South Lincs Club Champs 2024	Spalding	EM241475	3
100 Breaststroke	1:18.62	1:20.20	347	06/04/24	Grantham SC Last Chance Regional Qualifier 2024	Grantham	EM240650	3
200 Breaststroke	2:52.33	2:55.40	338	06/04/24	Grantham SC Last Chance Regional Qualifier 2024	Grantham	EM240650	3
50 Butterfly	34.78	35.30	244	23/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
50 Backstroke	34.37	34.90	266	18/05/24	South Lincs CSC 38th Tulip Meet 2024	Spalding	EM240515	3
100 Backstroke	1:14.65	1:15.70	271	03/03/24	Bassetlaw SS's 1st Regional Qualifier 2024	Worksop	EM240173	3
200 Backstroke	2:41.14	2:43.20	281	18/05/24	South Lincs CSC 38th Tulip Meet 2024	Spalding	EM240515	3
200 Individual Medley	2:52.24	2:54.50	257	26/11/23	South Lincs CSC Autumn Meet 2023	Spalding	EM232192	3
100 Individual Medley	1:13.88	1:13.90	296	18/05/24	South Lincs CSC 38th Tulip Meet 2024	Spalding	EM240515	3