

# Individual Best Times (All Time)

Constance Boots - (1657977) - Thame Swimming Club

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	39.99	40.50	188	15/06/24	Aylesbury & District Arthur Blake Gala 2024	Aylesbury	SE241012	4
100 Freestyle	1:30.42	1:31.30	171	19/05/24	Witney & DSC Invitational L4 100m Dev Meet 2024	Witney	SE240757	4
50 Breaststroke	53.36	53.90	150	14/04/24	Witney & DSC Invitational Level 4 Sprint Meet 2024	Witney	SE240758	4
100 Breaststroke	1:45.43	1:46.60	206	19/05/24	Witney & DSC Invitational L4 100m Dev Meet 2024	Witney	SE240757	4
50 Butterfly	49.38	49.80	120	14/04/24	Witney & DSC Invitational Level 4 Sprint Meet 2024	Witney	SE240758	4
50 Backstroke	49.34	49.70	134	14/04/24	Witney & DSC Invitational Level 4 Sprint Meet 2024	Witney	SE240758	4
100 Individual Medley	1:46.53	1:46.50	149	10/12/23	City of Oxford SC December Development Meet 2023	Oxford	SE232413	4