

Individual Best Times (All Time)

Harry Aston - (1657699) - Eastbourne SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.19	33.80	224	26/05/24	Arun Tridents SC Vanessa Knight Meet 2024	Bognor Regis	SE240530	3
100 Freestyle	1:17.47	1:18.50	193	19/05/24	East Grinstead SC Open Meet 2024	Crawley	SE240109	3
200 Freestyle	2:59.56	3:01.50	169	16/03/24	Eastbourne SC Club Championships	Eastbourne	SE240336	4
50 Breaststroke	50.88	51.50	117	26/05/24	Arun Tridents SC Vanessa Knight Meet 2024	Bognor Regis	SE240530	3
100 Breaststroke	2:01.17	2:02.20	94	17/06/23	Eastbourne SC 2023 Club Championships	Eastbourne	SE230504	4
50 Butterfly	1:00.94	1:01.30	45	09/12/22	Eastbourne SC Time Trials 2022	Brighton	SE222440	4
50 Backstroke	38.41	38.90	190	19/05/24	East Grinstead SC Open Meet 2024	Crawley	SE240109	3
100 Backstroke	1:22.84	1:23.80	198	19/05/24	East Grinstead SC Open Meet 2024	Crawley	SE240109	3
100 Individual Medley	1:32.54	1:32.50	151	26/05/24	Arun Tridents SC Vanessa Knight Meet 2024	Bognor Regis	SE240530	3