

Individual Best Times (All Time)

Arjun Nair - (1655656) - Wellingborough SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	29.29	28.60	363	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
100 Freestyle	1:05.60	1:04.30	364	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
200 Freestyle	2:31.92	2:29.60	302	11/02/24	Northamptonshire ASA County Championships 2024	Corby	EM240158	1
400 Freestyle	5:33.46	5:29.20	287	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
50 Butterfly	31.04	30.40	369	24/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
100 Butterfly	1:16.76	1:15.80	267	23/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3
50 Backstroke	35.40	34.80	294	28/01/24	Northamptonshire ASA County Championships 2024	Corby	EM240156	1
100 Backstroke	1:23.22	1:22.20	238	11/02/24	Northamptonshire ASA County Championships 2024	Corby	EM240158	1
200 Individual Medley	2:56.74	2:54.50	268	23/03/24	Corby ASC Annual LC Open Meet 2024	Corby	EM240206	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	28.71	29.40	346	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4
100 Freestyle	1:06.59	1:07.80	305	17/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
200 Freestyle	2:30.82	2:33.10	286	16/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
400 Freestyle	6:13.65	6:17.40	183	11/12/22	Wellingborough ASC Annual Club Championships 2022	Wellingborough	EM222467	4
50 Breaststroke	44.60	45.30	175	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4
50 Butterfly	30.12	30.70	376	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4
100 Butterfly	1:13.19	1:14.20	278	27/04/24	Leicester & District SL Winter League 2024 R3	Leicester	EM241171	4
50 Backstroke	34.72	35.30	258	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4
100 Backstroke	1:20.00	1:21.00	220	17/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
200 Backstroke	3:01.81	3:03.60	196	16/12/23	Leicester Sharks CSC County Qualifier Meet 2023	Nuneaton	EM231262	3
100 Individual Medley	1:18.17	1:18.20	250	08/06/24	Wellingborough ASC Sprint Club Championships 2024	Wellingborough	EM241502	4