

Individual Best Times (All Time)

Matthew Harrison - (165454) - Adwick (Doncaster) SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	26.62	25.80	484	01/02/15	Sheffield & District ASA Championships	Sheffield	NE150146	4
100 Freestyle	59.78	58.40	481	01/02/15	Sheffield & District ASA Championships	Sheffield	NE150146	4
50 Breaststroke	37.01	36.20	344	09/05/10	Sports Aid Open Meet	Leeds	NE0073	1
100 Breaststroke	1:20.64	1:19.10	350	01/02/15	Sheffield & District ASA Championships	Sheffield	NE150146	4
50 Butterfly	27.48	26.80	532	06/12/14	Borough of Barnsley 19th Annual Christmas Sprint	Sheffield	NE14508	3
100 Butterfly	1:03.83	1:02.60	464	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
50 Backstroke	33.46	32.90	348	08/05/10	Sports Aid Open Meet	Leeds	NE0073	1
100 Backstroke	1:09.09	1:07.90	416	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4
200 Backstroke	2:36.14	2:34.00	368	02/02/14	Sheffield & District ASA Championships	Sheffield	NE4187	4
200 Individual Medley	2:30.82	2:28.20	431	03/02/13	Sheffield & District ASA Championships	Sheffield	NE3188	4

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	25.82	26.60	475	08/03/15	Doncaster ASA John Harriman Championships	Adwick	NE150785	4
100 Freestyle	57.01	58.50	486	06/10/15	DMASA Individual Championships 2015 ('The Mets')	Adwick	NE151994	4
200 Freestyle	2:17.54	2:20.00	377	19/07/14	Adwick Home Championships Santa Sprint Ladder	Adwick	NE4763	4
50 Breaststroke	33.62	34.50	408	01/11/14	Barnsley Minors League	Barnsley	NE14137	3
100 Breaststroke	1:16.40	1:18.00	378	05/10/14	DMASA Individual Championships	Adwick	NE14540	4
200 Breaststroke	2:56.25	2:59.20	316	12/07/14	Adwick Home Championships Santa Sprint Ladder	Adwick	NE4762	4
50 Butterfly	26.87	27.60	530	08/03/15	Doncaster ASA John Harriman Championships	Adwick	NE150785	4
100 Butterfly	1:02.02	1:03.20	457	19/10/14	DMASA Individual Championships	Adwick	NE14541	4
200 Butterfly	2:47.35	2:49.20	260	19/07/14	Adwick Home Championships Santa Sprint Ladder	Adwick	NE4763	4
50 Backstroke	29.76	30.40	410	25/08/12	Sheffield City 2012 Open Sprints Meet	Sheffield	NE2382	3
100 Backstroke	1:04.54	1:05.80	419	16/11/14	Adwick Home Championships	Adwick	NE4764	4
200 Backstroke	2:32.35	2:34.50	333	12/07/14	Adwick Home Championships Santa Sprint Ladder	Adwick	NE4762	4
200 Individual Medley	2:30.95	2:33.50	383	12/07/14	Adwick Home Championships Santa Sprint Ladder	Adwick	NE4762	4
100 Individual Medley	1:03.95	1:04.00	457	15/11/14	Adwick Home Championships	Adwick	NE4764	4