

Individual Best Times (All Time)

Nathan Higgins - (1654516) - City of Southend on Sea SC

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.97	31.60	275	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Freestyle	1:12.92	1:14.10	232	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Freestyle	2:49.91	2:51.90	200	21/10/23	Basildon & Phoenix Autumn County Qualifier 2023	Basildon	ER232129	3
400 Freestyle	7:14.12	7:17.40	116	25/11/22	City of Southend on Sea Club Championships 2022	Southend	ER221820	4
50 Breaststroke	39.52	40.30	251	01/06/24	Chelmsford Nicki Wiseman Summer Sprints Meet 2024	Chelmsford City	ER240735	4
100 Breaststroke	1:30.02	1:31.40	231	10/12/23	Basildon & Phoenix Last Chance County Qualifier 23	Basildon	ER232491	3
200 Breaststroke	3:27.36	3:29.90	194	24/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232209	4
50 Butterfly	40.88	41.30	150	08/12/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232210	4
50 Backstroke	39.29	39.80	178	24/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232209	4
100 Backstroke	1:28.87	1:29.80	160	15/12/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232211	4
200 Backstroke	3:09.22	3:11.00	173	08/12/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232210	4
200 Individual Medley	3:11.55	3:13.60	187	03/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232207	4
400 Individual Medley	6:46.03	6:50.30	193	10/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232208	4
100 Individual Medley	1:26.59	1:26.60	184	24/11/23	City of Southend on Sea SC Annual Club Champs 2023	Southend	ER232209	4