

Individual Best Times (All Time)

Elsie Orchard - (1654199) - North Cornwall Dragons SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
100 Freestyle	1:19.75	1:18.70	272	09/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
50 Breaststroke	50.83	50.20	188	09/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
100 Breaststroke	1:47.90	1:46.70	209	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
50 Backstroke	42.87	42.40	245	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
100 Backstroke	1:29.17	1:28.30	265	09/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3
200 Backstroke	3:02.71	3:00.90	306	08/07/23	Plymouth Leander Summer L3 Long Course Open 2023	Plymouth	SW231265	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.86	34.50	310	23/03/24	Carn Brea & Helston 7th Open Sprint Meet 2024	Penzance	SW240310	3
100 Freestyle	1:14.69	1:15.80	304	16/06/24	N.Cornwall & Newquay Club Championships LL4 2024	Bodmin	SW240240	4
200 Freestyle	2:35.87	2:38.10	354	27/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240148	2
400 Freestyle	5:32.85	5:37.00	335	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
800 Freestyle	11:42.14	11:50.30	314	13/01/24	2024 Cornwall County & Age Groups Championships	Penzance	SW240146	2
1500 Freestyle	22:22.76	22:38.10	309	21/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240147	2
50 Breaststroke	44.24	44.90	263	16/06/24	N.Cornwall & Newquay Club Championships LL4 2024	Bodmin	SW240240	4
100 Breaststroke	1:38.98	1:40.20	250	16/06/24	N.Cornwall & Newquay Club Championships LL4 2024	Bodmin	SW240240	4
50 Butterfly	40.39	40.90	219	23/03/24	Carn Brea & Helston 7th Open Sprint Meet 2024	Penzance	SW240310	3
50 Backstroke	39.08	39.60	269	19/11/23	Dawlish Firecracker 2023	Plymouth	SW231524	3
100 Backstroke	1:23.43	1:24.40	284	16/06/24	N.Cornwall & Newquay Club Championships LL4 2024	Bodmin	SW240240	4
200 Backstroke	2:56.26	2:58.10	307	28/01/24	2024 Cornwall County & Age Groups Championships	Bodmin	SW240149	2
200 Individual Medley	3:01.57	3:03.70	302	16/06/24	N.Cornwall & Newquay Club Championships LL4 2024	Bodmin	SW240240	4
100 Individual Medley	1:23.68	1:23.70	307	23/03/24	Carn Brea & Helston 7th Open Sprint Meet 2024	Penzance	SW240310	3