

# Individual Best Times (All Time)

Laurie Struggles - (1652304) - Altrincham SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Breaststroke	55.48	54.90	145	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
200 Breaststroke	4:14.05	4:12.00	158	16/03/24	Richmond Dales ASC April Fool Gala 2024	Leeds	NE240123	3
50 Butterfly	54.87	54.50	88	08/07/23	Richmond Dales ASC Summer Madness Gala 2023	Leeds	NE231141	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	47.83	48.30	110	09/06/24	Altrincham SC Pointscore 2 2024	Altrincham	NW240968	4
100 Freestyle	1:44.86	1:45.70	110	23/06/24	Altrincham SC Sprint Championships 2024	Altrincham	NW241382	4
50 Breaststroke	53.58	54.20	148	12/05/24	Trafford Metro Spring Open Meet 2024	Sale	NW240302	3
100 Breaststroke	1:56.80	1:57.90	152	12/05/24	Trafford Metro Spring Open Meet 2024	Sale	NW240302	3
200 Breaststroke	4:18.00	4:20.00	141	12/06/23	Altrincham SC Distance Championships 2023	St Ambrose College	NW231431	4
50 Butterfly	53.91	54.30	92	09/06/24	Altrincham SC Pointscore 2 2024	Altrincham	NW240968	4
100 Butterfly	1:59.21	1:59.80	93	12/05/24	Trafford Metro Spring Open Meet 2024	Sale	NW240302	3
50 Backstroke	50.62	51.00	124	09/06/24	Altrincham SC Pointscore 2 2024	Altrincham	NW240968	4
200 Individual Medley	4:16.27	4:17.80	107	12/06/23	Altrincham SC Distance Championships 2023	St Ambrose College	NW231432	4
100 Individual Medley	1:53.82	1:53.80	122	12/05/24	Trafford Metro Spring Open Meet 2024	Sale	NW240302	3