

# Individual Best Times (All Time)

James Clarke - (1651067) - City Of Ely Amateur Swimming Clu

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	45.26	44.80	98	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
100 Freestyle	1:52.29	1:51.50	72	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
50 Breaststroke	1:04.77	1:04.30	64	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
100 Breaststroke	2:25.12	2:24.20	60	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
50 Butterfly	1:16.97	1:16.70	24	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
50 Backstroke	50.96	50.60	98	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3
100 Backstroke	1:56.53	1:55.80	86	08/01/23	Borough of Waltham Forest SC Gators L3 Gala 2023	London	LR230111	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.50	35.10	199	07/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
100 Freestyle	1:19.22	1:20.30	181	09/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
200 Freestyle	2:56.19	2:58.20	179	24/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
400 Freestyle	7:00.34	7:03.70	128	12/11/23	City of Ely ASC Invitational Meet 2023	Ely	ER231784	4
800 Freestyle	14:36.78	14:43.40	129	29/10/23	City of Ely ASC Invitational Meet 2023	Ely	ER231783	4
50 Breaststroke	46.56	47.20	153	09/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
100 Breaststroke	1:39.87	1:41.10	169	07/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
200 Breaststroke	3:48.56	3:50.90	145	24/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
50 Butterfly	41.02	41.50	149	09/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
100 Butterfly	1:45.51	1:46.20	92	07/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
50 Backstroke	40.59	41.10	161	26/05/24	March Marlins Fenland Open Meet 2024	Whittlesey	ER240598	3
100 Backstroke	1:29.63	1:30.50	156	09/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4
200 Backstroke	3:18.09	3:19.80	151	23/03/24	City of Cambridge Spring Open 2024	Cambridge	ER240218	3
200 Individual Medley	3:14.40	3:16.40	179	01/06/24	City of Peterborough Development Series 2024	Whittlesey	ER240629	3
100 Individual Medley	1:27.97	1:28.00	175	07/06/24	City of Ely ASC Club Championships 2024	Ely	ER240855	4