

# Individual Best Times (All Time)

Joseph Westmore - (1650627) - Tewkesbury SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	39.21	38.70	151	17/01/24	Gloucester County ASA Swimming Championships 2024	Bristol	SW240063	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	38.67	39.20	141	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3
100 Freestyle	1:36.70	1:37.60	99	19/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
50 Backstroke	49.91	50.30	86	18/11/23	Cheltenham S&WPC Combined Club Winter Champs 2023	Cheltenham	SW231934	4
100 Backstroke	1:49.18	1:49.90	86	16/03/24	Gloucester City SC Spring L3 Open Meet	Gloucester	SW240365	3