

Individual Best Times (All Time)

Phoebe Thompson - (1648834) - Woodham Ferrers Swimming Club

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.76	36.20	264	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
100 Freestyle	1:21.79	1:20.80	252	14/01/24	2024 Essex County Age Group Championships	London	ER240054	1
50 Breaststroke	47.35	46.70	233	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
100 Breaststroke	1:43.80	1:42.60	235	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3
50 Backstroke	42.58	42.10	251	25/02/24	2024 Essex County Age Group Championships	London	ER240055	1
100 Backstroke	1:25.86	1:24.90	297	09/06/24	Bo Waltham Gators Early Summer LAC Gala 2024	London	LR240729	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.70	37.30	243	16/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Freestyle	1:21.36	1:22.40	235	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
200 Freestyle	2:49.31	2:51.40	276	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
50 Breaststroke	47.06	47.70	219	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
100 Breaststroke	1:46.87	1:48.00	198	06/04/24	Basildon & Phoenix Easter Meet 2024	Basildon	ER240561	3
50 Butterfly	51.80	52.20	104	16/07/23	Colchester Summer Spectacular Development Meet 23	Braintree	ER230754	3
50 Backstroke	39.70	40.20	257	17/03/24	Basildon Spring Regional Qualifier 2024	Basildon	ER240455	3
100 Backstroke	1:25.50	1:26.40	264	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3
100 Individual Medley	1:29.55	1:29.60	251	18/05/24	Basildon & Phoenix Spring SC Meet 2024	Basildon	ER240790	3