

Individual Best Times (All Time)

Kaylum Shah - (1645866) - Barnet Cophall SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	35.37	34.80	206	28/01/24	2024 Middlesex County Championships	London	LR240186	1
100 Freestyle	1:23.23	1:22.20	178	12/03/23	Putteridge SC Spring LC National Qualifier 2023	Luton	ER230013	1
200 Freestyle	2:43.48	2:41.30	242	04/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
400 Freestyle	5:33.12	5:28.90	288	10/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	ER240200	1
100 Breaststroke	1:52.04	1:50.90	130	11/03/23	Putteridge SC Spring LC National Qualifier 2023	Luton	ER230013	1
50 Butterfly	37.67	37.20	206	27/01/24	2024 Middlesex County Championships	London	LR240186	1
100 Butterfly	1:23.71	1:22.80	206	03/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
200 Butterfly	3:03.03	3:01.30	219	04/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
50 Backstroke	41.64	41.20	180	28/01/24	2024 Middlesex County Championships	London	LR240186	1
100 Backstroke	1:26.28	1:25.30	213	09/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	ER240200	1
200 Backstroke	3:04.03	3:02.20	224	03/02/24	2024 Middlesex County Championships	Hillingdon	LR240187	1
200 Individual Medley	2:59.39	2:57.20	256	10/03/24	Putteridge SC Spring LC National Qualifier 2024	Luton	ER240200	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	34.99	35.60	191	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Freestyle	1:15.35	1:16.50	210	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Freestyle	2:37.27	2:39.50	252	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
400 Freestyle	5:23.09	5:27.40	283	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
50 Breaststroke	48.76	49.40	133	12/11/23	Barnet Cophall County Qualifier & Dev Meet 1 2023	Cophall Pools	LR231778	3
100 Breaststroke	1:45.16	1:46.40	145	19/11/23	Barnet Cophall County Qualifier & Dev Meet 2 2023	Cophall Pools	LR232027	3
200 Breaststroke	4:05.91	4:08.10	116	20/11/22	County Qualifier and Development Meet 2	Cophall	LR222011	3
50 Butterfly	37.97	38.50	187	09/06/24	Barnet Cophall Summer Invitational Meet 2024	Hendon	LR240903	4
100 Butterfly	1:23.81	1:24.70	185	07/01/24	Barnet Cophall Winter Invitational Meet 2024	Hendon	LR240217	4
200 Butterfly	3:02.69	3:04.40	200	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
50 Backstroke	39.53	40.00	174	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Backstroke	1:25.34	1:26.30	181	16/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Backstroke	2:57.67	2:59.50	210	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
200 Individual Medley	2:55.97	2:58.20	241	17/03/24	Teamipswich SC The Mighty March Meet 2024	Ipswich	ER240266	3
100 Individual Medley	1:31.96	1:32.00	153	08/01/23	Barnett Cophall SC Winter Invitational Meet 2023	Cophall	LR230208	4