

Individual Best Times (All Time)

Conor Macauley-Conway - (1645288) - Kingston Royals SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	37.36	36.80	175	23/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
100 Freestyle	1:25.75	1:24.80	163	05/09/23	European Down Syndrome Swim Championships 2023	Padova, Italy	GBR2128	1
200 Freestyle	3:13.28	3:11.50	146	05/09/23	European Down Syndrome Swim Championships 2023	Padova, Italy	GBR2128	1
400 Freestyle	6:58.05	6:54.70	145	23/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
800 Freestyle	14:19.17	14:12.40	145	23/03/24	11th Down Syndrome Swimming World Championships	Antalya, Turkey	GBR2306	1
1500 Freestyle	28:09.90	27:57.60	136	25/03/24	11th Down Syndrome Swimming World Championships	Antalya, Turkey	GBR2306	1
50 Butterfly	47.19	46.80	105	22/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3
50 Backstroke	1:04.23	1:03.90	49	23/07/23	Winchester City Penguins Summer Scorcher 2023	Winchester	SE231199	3

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	37.76	38.30	152	19/11/23	British Down Syndrome Swimming Championships 2023	Crawley	ER231811	3
100 Freestyle	1:28.22	1:29.20	131	19/11/23	British Down Syndrome Swimming Championships 2023	Crawley	ER231811	3
200 Freestyle	3:06.25	3:08.10	151	18/11/23	British Down Syndrome Swimming Championships 2023	Crawley	ER231811	3
400 Freestyle	6:57.34	7:00.70	131	19/11/23	British Down Syndrome Swimming Championships 2023	Crawley	ER231811	3
800 Freestyle	14:07.83	14:14.60	143	19/11/23	British Down Syndrome Swimming Championships 2023	Crawley	ER231811	3
1500 Freestyle	27:34.26	27:46.70	134	18/11/23	British Down Syndrome Swimming Championships 2023	Crawley	ER231811	3