

Individual Best Times (All Time)

Francesca Cove - (1644378) - Barnstaple SC

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	38.68	38.10	227	18/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
100 Freestyle	1:29.28	1:28.30	194	16/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
200 Freestyle	3:23.22	3:21.50	171	15/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
50 Breaststroke	54.15	53.60	156	16/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
200 Breaststroke	4:20.17	4:18.10	147	15/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
50 Butterfly	41.72	41.30	200	17/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1
50 Backstroke	43.31	42.80	238	15/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
100 Backstroke	1:36.07	1:35.20	212	15/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
200 Backstroke	3:24.05	3:22.40	219	16/01/24	Devon County Age Group Championships 2024	Plymouth	SW240141	1
200 Individual Medley	3:34.37	3:32.50	203	18/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.61	37.20	245	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:38.78	1:39.60	131	08/07/23	Barnstaple SC 2023 Club Champs Day 2	Barnstaple	SW231292	4
200 Freestyle	3:34.65	3:36.30	135	01/07/23	Barnstaple SC Club Championships 2023 Day 1	Barnstaple	SW231266	4
50 Breaststroke	51.71	52.30	165	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
100 Breaststroke	1:52.44	1:53.60	170	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Breaststroke	4:09.55	4:11.70	156	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
50 Butterfly	43.73	44.20	173	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
100 Butterfly	1:53.48	1:54.20	108	10/06/24	Devon Developments 2024	Plymouth	SW240823	3
50 Backstroke	43.56	44.00	194	09/06/24	Devon Sprint Competition 2024	Plymouth	SW240824	3
100 Backstroke	1:35.75	1:36.60	188	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Backstroke	3:14.90	3:16.60	227	10/06/24	Devon Developments 2024	Plymouth	SW240823	3
200 Individual Medley	3:32.15	3:34.00	189	14/04/24	TD, Millfield & Street Spring Splash Open Meet 24	Street	SW240631	3
100 Individual Medley	1:33.15	1:33.20	223	09/06/24	Devon Developments 2024	Plymouth	SW240823	3