

# Individual Best Times (All Time)

James Botan - (1643785) - AquaJets Newcastle SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	36.38	35.80	189	11/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1
100 Freestyle	1:23.11	1:22.10	179	04/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
200 Freestyle	3:19.65	3:17.90	133	18/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240248	1
50 Breaststroke	57.08	56.50	93	01/07/23	City of Sunderland ASC Summer Splash 2023	Sunderland	NE231255	3
100 Breaststroke	2:07.67	2:06.70	88	13/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
50 Butterfly	43.30	42.90	136	03/02/24	Northumberland & Durham SA County Championships 24	Sunderland	NE240247	1
100 Butterfly	2:00.40	1:59.80	69	13/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
50 Backstroke	48.91	48.50	111	09/09/23	City of Leeds September Sprints Meet 2023	Leeds	NE230402	3
100 Backstroke	1:52.87	1:52.20	95	14/05/23	Rotherham Metro Springtime Long Course Meet 2023	Sheffield	NE230500	3
200 Individual Medley	3:37.04	3:35.20	144	12/05/24	Team Bath AS & Millfield L1 Last Chance Meet 2024	Millfield	SW240605	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	36.34	36.90	170	19/05/24	Durham City Aquatics Sprint & Relay Meet 2024	Durham	NE240949	3
100 Freestyle	1:23.18	1:24.20	156	14/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
200 Freestyle	3:07.90	3:09.70	147	28/06/24	Gateshead & Whickham Summer Meet 2024	Gateshead	NE241180	3
50 Breaststroke	53.67	54.30	100	01/10/23	South Tyneside SC Autumn Meet 2023	Haven Point	NE231800	3
100 Breaststroke	1:57.10	1:58.20	105	27/05/23	South Tyneside SC Spring Meet 2023	South Shields	NE230186	3
200 Breaststroke	4:20.19	4:22.20	98	25/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
50 Butterfly	41.84	42.30	140	19/05/24	Durham City Aquatics Sprint & Relay Meet 2024	Durham	NE240949	3
100 Butterfly	1:44.37	1:45.10	95	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
200 Butterfly	4:18.40	4:19.60	70	26/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3
50 Backstroke	46.16	46.60	109	19/05/24	Durham City Aquatics Sprint & Relay Meet 2024	Durham	NE240949	3
100 Backstroke	1:54.57	1:55.30	75	18/03/23	Gateshead & Whickham ASC NER Qualifier Meet 2023	Gateshead	NE230332	3
200 Individual Medley	3:34.00	3:35.80	134	13/01/24	Newcastle Swim Team County Qualifier Meet 2024	Tynemouth	NE240119	3
100 Individual Medley	1:37.71	1:37.70	128	26/11/23	Tynemouth ASC Autumn Meet 2023	Tynemouth	NE231810	3