

# Individual Best Times (All Time)

Samuel Passos - (1642981) - Nuneaton & Bedworth SC

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.43	33.80	224	21/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
100 Freestyle	1:17.10	1:16.00	224	04/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
200 Freestyle	2:51.45	2:49.40	210	20/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
400 Freestyle	5:33.98	5:29.70	286	28/04/24	SE West Midland Summer Championships 2024	Birmingham	WM240647	1
50 Breaststroke	50.51	49.90	135	20/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
200 Breaststroke	4:03.83	4:01.60	136	21/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
50 Butterfly	43.90	43.50	130	03/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1
50 Backstroke	41.25	40.80	186	21/01/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240113	1
100 Backstroke	1:27.15	1:26.20	207	03/02/24	Warwickshire County ASA 2024 County Championships	Coventry	WM240114	1

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.94	34.60	209	09/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
100 Freestyle	1:13.26	1:14.40	229	10/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
200 Freestyle	2:35.14	2:37.40	262	19/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
400 Freestyle	5:29.86	5:34.10	266	09/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
50 Breaststroke	47.95	48.60	140	10/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
100 Breaststroke	1:41.06	1:42.30	163	09/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
200 Breaststroke	3:52.46	3:54.70	138	22/10/23	Leamington Spa ASC Autumn Open L3 Meet 2023	Leamington Spa	WM231537	3
50 Butterfly	39.90	40.40	161	19/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
50 Backstroke	37.65	38.20	202	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
100 Backstroke	1:23.40	1:24.40	194	19/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
200 Backstroke	2:56.40	2:58.30	214	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3
200 Individual Medley	3:06.80	3:08.90	202	09/03/24	Nuneaton & Bedworth Delia Reynolds Spring Open 24	Pingles LC	WM240008	3
100 Individual Medley	1:24.43	1:24.40	198	18/05/24	Coventry & District May Meet 2024	Coventry	WM240675	3