

Individual Best Times (All Time)

Ruben Miguel-Easter - (1641578) - Mount Kelly Swimming

Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	30.88	30.20	310	28/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
100 Freestyle	1:07.55	1:06.30	333	21/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
200 Freestyle	2:25.14	2:22.70	347	10/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
400 Freestyle	5:07.37	5:02.80	367	08/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
800 Freestyle	10:45.78	10:36.80	343	09/03/24	Plymouth Leander March L1 National Qualifier 2024	Plymouth	SW240330	1
50 Breaststroke	41.29	40.50	248	27/04/24	SE SWR Summer Championships 2024	Millfield	SW240587	1
100 Breaststroke	1:32.87	1:31.50	229	20/04/24	SE SWR Summer Championships 2024	Bristol	SW240586	1
50 Backstroke	34.84	34.30	308	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
100 Backstroke	1:14.47	1:13.40	332	10/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
200 Backstroke	2:39.02	2:36.90	348	11/05/24	Plymouth Leander Last Chance Nat Qualifier L1 2024	Plymouth	SW240649	1
200 Individual Medley	2:55.45	2:53.20	274	18/01/24	Devon County Age Group Championships 2024	Plymouth	SW240142	1

Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	30.24	30.90	296	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Freestyle	1:05.76	1:07.00	317	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Freestyle	2:22.46	2:24.90	339	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
400 Freestyle	5:04.93	5:09.50	337	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
800 Freestyle	10:51.71	11:00.50	314	20/10/23	Calligo Tigers Jersey 42nd October Open Meet 2023	Les Quennevais	SE230731	3
50 Breaststroke	40.65	41.40	231	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Breaststroke	1:29.28	1:30.70	237	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Breaststroke	3:26.88	3:29.40	195	03/12/23	Taunton Deane, Millfield & Street County Qualifier	Millfield School	SW232169	3
50 Butterfly	35.78	36.30	224	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Butterfly	1:41.83	1:42.60	103	28/05/23	West Dorset SC Whitsun Wave 2023	Dorchester	SW230565	3
50 Backstroke	34.22	34.80	269	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
100 Backstroke	1:14.36	1:15.40	274	16/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Backstroke	2:36.60	2:38.70	306	17/03/24	Caradon & Dinnaton Two Counties 2024	Plymouth	SW240204	3
200 Individual Medley	3:05.33	3:07.50	206	27/05/23	West Dorset SC Whitsun Wave 2023	Dorchester	SW230565	3
100 Individual Medley	1:21.14	1:21.10	224	13/01/24	Devon County ASA Interclub 2024	Plymouth	SW240143	2