

# Individual Best Times (All Time)

Nellie Chadderton - (1641455) - West Norfolk Swimming Club

## Long Course

Stroke	LC Time	Converted to SC	LC WA Pts	Date	Meet	Venue	Licence	Level
50 Freestyle	34.79	34.20	312	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
100 Freestyle	1:15.64	1:14.50	319	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
200 Freestyle	2:37.40	2:35.20	368	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
400 Freestyle	5:26.91	5:22.60	373	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
50 Breaststroke	47.96	47.30	224	28/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Breaststroke	1:40.50	1:39.20	259	23/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3
200 Breaststroke	3:38.46	3:36.00	249	28/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
50 Butterfly	41.21	40.70	208	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Butterfly	1:31.29	1:30.50	224	04/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
50 Backstroke	42.54	42.10	251	27/01/24	SE Norfolk County Championships 2024	Norwich	ER240127	1
100 Backstroke	1:24.98	1:24.00	307	30/03/24	City of Norwich Easter Meet 2024	Norwich	ER240267	1
200 Backstroke	2:55.16	2:53.20	347	04/02/24	SE Norfolk County Championships 2024	Norwich	ER240128	1
200 Individual Medley	3:00.87	2:58.70	339	30/03/24	City of Norwich Easter Meet 2024	Norwich	ER240267	1
400 Individual Medley	6:15.83	6:11.10	354	22/06/24	Norwich Swan & West Norfolk Boudicca L3 Open Meet	Norwich	ER241058	3

## Short Course

Stroke	SC Time	Converted to LC	SC WA Pts	Date	Meet	Venue	License	Level
50 Freestyle	33.90	34.50	309	09/06/24	Swim England Norfolk Inter Club Gala 2024	Norwich	ER240910	2
100 Freestyle	1:14.36	1:15.50	308	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Freestyle	2:36.40	2:38.60	350	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
400 Freestyle	5:39.41	5:43.50	316	24/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
50 Breaststroke	49.18	49.80	191	03/12/23	City of Peterborough Winter Meet 2023	Peterborough	ER231945	3
100 Breaststroke	1:44.64	1:45.80	211	15/10/23	Diss Otters Open Meet 2023	Norwich	ER231460	3
200 Breaststroke	3:45.59	3:47.90	212	02/12/23	City of Peterborough Winter Meet 2023	Peterborough	ER231945	3
50 Butterfly	40.07	40.50	225	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Butterfly	1:33.45	1:34.30	193	16/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
50 Backstroke	41.59	42.10	223	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	ER231204	3
100 Backstroke	1:22.39	1:23.40	295	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
200 Backstroke	2:50.84	2:52.80	337	24/03/24	Norwich Swan Open Meet 2024	Norwich	ER240463	3
200 Individual Medley	2:58.73	3:00.90	316	17/03/24	West Norfolk Open Meet 2024	King's Lynn	ER240029	3
100 Individual Medley	1:34.15	1:34.20	216	10/09/23	Thetford Dolphins SC Nifty 50s 2023	Thetford	ER231204	3